### LANDSCAPE UPDATE FROM DOH

New York State Health Facilities Association New York State Center for Assisted Living 62<sup>nd</sup> Annual Conference

Mark Kissinger, Deputy Commissioner Office of Long Term Care June 29, 2011



### Long Term Care

- New Administration
- Medicaid Redesign Team (MRT)
- Budget Issues Short and Long Term
- Federal Health Reform
- Aggressive Timelines
- State Budget Next Steps
- Global Cap

### MRT #90: Managed Long Term Care

- DOH implementation efforts are starting:
  - enrollment process changes
  - application revisions underway
  - CMS approval still needed
- Building off 1997 law
- Guidelines on Care Coordination

### MRT #109: Palliative Care

- Palliative care recognizes the need for pain management and supports for people with serious illness or injury – not just people in the last stages of life
- New law includes assisted living, home care, nursing homes, and hospitals

## MRT #1462: Long Term Care Insurance

- Adds a new option for the Partnership for Long Term Care
- Staff are also investigating additional incentives for purchase of private LTC insurance

### Various other MRTs

• UAS

Bed Hold

Regulatory Reform

## Managed Long Term Care Models

Three MLTC models in operation:

- 1. Partially Capitated Managed LTC
- 2. Program of All-Inclusive Care for the Elderly (PACE)
- 3. Medicaid Advantage Plus (MAP)

### 1. Partially Capitated Managed Long Term Care Plans

- Capitated for some Medicaid services only
- Benefit package is long term care and ancillary services including home care, unlimited nursing home care
- Primary and acute care covered by FFS Medicare or Medicaid
- 13 plans offer this product
- May, 2011 enrollment = 30,510
- Census ranges from 161 to 8,991
- DOH has had a mortatorium on the development or expansion of new partially capitated plans since 2006

## 2. Program of All-Inclusive Care for the Elderly (PACE)

- Federal program type for Medicare and Medicaid at State option
- Capitated for all Medicare and Medicaid services
- Most integrated of the MLTC models
- Day center / clinic based
- Provider network usually small
- Benefit package includes all medically necessary services primary, acute and long term care
- 7 plans now offer this product
- May, 2011 enrollment = 3,645Range = 47-2,610
- 2 new PACEs are being planned or under development

#### 3. Medicaid Advantage Plus (MAP)

- Capitated for Medicare and Medicaid under two separate contracts (Federal and State)
- Many plans use a Medicare Dual Eligible SNP (DE-SNP) subsetted to match MAP eligibility although this model not required
- All plans must cover the State-defined Combined Medicare and Medicaid Benefit Package
- Between Medicare and Medicaid benefit package includes all medically necessary services (primary, acute and long term care)
- Plans must meet both Medicare and Medicaid requirements
  - Challenge is to have this appear seamless to the member
- 8 plans now offer this product
- May, 2011 census = 1,374
- Range = 12-471

## Mandatory Initiative for April 2012

- 1115 Waiver approval needed from CMS before we can start
- Require all dual eligibles who need community-based long term care services for more than 120 days to enroll in Managed Long Term Care or other approved care coordination models.
- Eliminates the need to score as Nursing Home eligible upon enrollment
- Definition of community-based long term care services is under development but likely candidates are:
  - Personal care services
  - Home health services
  - Adult day health care

### MLTC Assessment Tool

- Semi-Annual Assessment of Members (SAAM) will still be completed by the plans and submitted to DOH every 6 months for:
  - Risk adjustment of plan rates
  - Various data analyses
- MLTC Plans will change to Uniform Assessment Tool when implemented

### Care Coordination Models

- Other models that meet "guidelines specified by the Commissioner that support coordination and integration of services".
- Guidelines must address:
  - Requirements in 4403-f (3)(a-i)
  - Payment methods the ensure provider accountability for cost effective quality outcomes
- Includes Long Term Home Health Care Programs that meet the guidelines
- Medicaid Redesign Team Workgroup has been appointed to assist in development (and other roles)
- Guidelines to be posted on DOH website by November 15, 2011

### Initiate Mandatory Enrollment in New York City (April, 2012 Target)

- Working with HRA to determine most effective, efficient way to transition people.
  - Will not take place all at once
    - Perhaps based on reassessment
    - Perhaps by borough
    - Perhaps by Medicaid number
- Consumer Choice preferred but Auto Assignment for those who do not
- Must ensure continuity of care plan and service provider
- Educational component for people new to system and transitioning

# Excluded from Initial Mandatory Enrollment

- Several groups are not eligible to enroll in MLTC or care coordination models until program features and reimbursement rates are developed.
- These include people in:
  - Traumatic Brain Injury (TBI) Waiver
  - Nursing Home Transition and Diversion (NHTD) Waiver
  - Assisted Living Program (ALP)
  - Office of People with Developmental Disabilities (OPWDD)
     Wavier

### Statewide Mandatory Enrollment

 There must be a choice of two plans, one in rural counties

 Upstate expansion will be county by county, as sufficient MLTC plan and care coordination model capacity is developed

### **MLTC** Applications

- New law eliminates previous requirement for designation by Senate,
   Assembly or Commissioner or Health before applying
- Applications for new entities or new lines of business and expansions have been posted on DOH website:
  - http://nyhealth.gov/facilities/long\_term\_care/managed\_long\_term\_care.htm
- Require legal structure, contracted network, descriptions of care management model, grievance system, other programmatic areas and financial capability and capitalization
- Statute allows up to 75 MLTC Certificates of Authority

**Current Status** 

- 23 Operational
- 2 in Application Status
- 50 new plans could be established
  - 8 slots must be reserved for the Senate Majority Leader and Speaker of the Assembly to recommend to apply between April 1, 2012 and March 31, 2015.
- Encourage MLTC Partial Cap Plan Expansion
- Questions about the applications should be submitted to:
  - mltcapps@health.state.ny.us

## Nursing Home Reimbursement - 7/1/11 forward

- 2006-2011 very turbulent times
  - Rebasing,
  - Medicaid only,
  - Scale back,
  - Trend cuts,
  - Mitigation, etc.
- State law mandates a pricing system with transition and quality adjustments

## Nursing Home Pricing Methodology

- 2011-12 Budget Authorizes Pricing Methodology
- Statewide Price with a Wage and Medicaid Only Case Mix adjustment
  - Effective 10/1/11 or no later than 1/1/12
- Collaborate with the Nursing Home Industry to Refine Methodology
  - Transition Pool (Minimum of 4 years)
  - Establish a Quality Pool

### Medicaid Principles

#### Medicaid rates should:

- Be transparent and administratively efficient; be predictable and facilitate timely payments
- Pay reasonably and adequately for quality care for Medicaid patients
- Encourage cost-effective care and promote efficiencies
- Include appropriate payment adjustments to reflect costinfluencing factors
- Encourage and reward quality care and promote care innovations
- Encourage care in the appropriate setting; assure adequacy of alternate settings
- Be updated periodically
- Comply with Federal Medicaid rules
- Reinforce health systems planning and advance state health care programs
- Be consistent with available resources

### Transition Issues

■ From what rate?

- How long?
- Size of transition adjustments

### Quality

- Phased approach
- Measures

- Staffing
- Survey findings
- Other elements

## Role of Managed Care in the Future

Duals and Non-Duals

### **HEAL Program**

Related to MRT 67

- Exact approach still under discussion
- Safety net facilities will be first focus

### Assistance and Questions

- Participate
- Communicate

Embrace Change

Any other questions? <u>mlk15@health.state.ny.us</u>