

**HOME AND COMMUNITY-BASED SERVICES MEDICAID WAIVER  
FOR INDIVIDUALS WITH TRAUMATIC BRAIN INJURY  
(HCBS/TBI)**

**INITIAL SERVICE PLAN**

**I. Identification**

Name \_\_\_\_\_ Current Location \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Date of Onset \_\_\_\_\_ Phone \_\_\_\_\_  
Age of Onset \_\_\_\_\_ Proposed Residence (include County) \_\_\_\_\_  
Diagnosis \_\_\_\_\_  
SS# \_\_\_\_\_ County of Fiscal Responsibility \_\_\_\_\_  
Medicaid # \_\_\_\_\_ Emergency Contact \_\_\_\_\_  
Medicare # \_\_\_\_\_  
Other Insurance \_\_\_\_\_ Phone \_\_\_\_\_

**Individuals who Participated in Developing the Service Plan**

Name	Relationship	Phone

Service Coordinator \_\_\_\_\_ Agency \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_

**DO NOT WRITE BELOW LINE**

Date of Submission \_\_\_\_\_  
Date of Decision \_\_\_\_\_

- Conversion
  - In-State Facility
  - Out-of-State Facility
- Diversion

**II. Profile of Individual**

**A. Description of individual in person centered terms (include age, unique strengths and weaknesses).**

**B. Pre-injury Information.**

- General developmental history
  
- Family composition (parents, siblings etc)
  
- Social history (friends, relationships, marriage, children, interests)
  
- Educational history (highest level achieved, degrees, special education, LD etc)
  
- Vocational history (jobs, time frames, volunteers positions, etc)
  
- Psychiatric history – if applicable
  
- Substance Abuse history – if applicable



**D. Current Post-Injury Information.**

- Behavioral Status  
Current behavioral style –

Past behavioral difficulties (include precipitating events, duration, frequency, interventions and results of these interventions) –

Present behavioral difficulties (include precipitating events, duration, frequency, interventions and results of these interventions) –

- Cognitive Status  
Description of communication style (include any required adaptive devices)-

Description of cognitive strengths and difficulties (include information on memory, organization, judgement, orientation, problem-solving, attention, learning etc.)-

Description of most effective compensatory strategies and tools utilized by individual -

- Physical/Medical/Dietary Status
- Social/Natural Supports Overview (changes in social interactions and interests)
- Educational and Vocational Overview
- Psychiatric Status – if applicable
- Substance Abuse Involvement – if applicable
- Criminal Justice Involvement – if applicable

**E. Post-Injury Information Continued**

- Activities of Daily Living/Instrumental Activities of Daily Living (ADL/IADL)

**KEY**

4 – Does independently without prompting – Can perform and takes responsibility on own  
 3 - Able to do on own, but needs prompting – Can perform but requires prompting and reminding  
 2 - Able to do with minimum assistance – Can perform but requires periodical checking/monitoring  
 1 - Able to do with maximum assistance – Can perform only with ongoing assistance  
 0 - Unable to do at all, even with assistance – Cannot perform at all  
 X - Underparticipation – This means they could be doing these things but are not  
 TBA – To be assessed

Shopping for food	___	Keeping track of finances	___
Preparing meals	___	Paying own bills	___
Feeding self	___	Balancing checkbook	___
Cleaning up after meals	___	Making necessary purchases	___
Choosing own clothes	___	Cleaning own room	___
Dressing self	___	Helping with household chores	___
Washing own clothes	___	Yardwork and repairs	___
Showering/bathing	___	Could be trusted to take care	
Brushing teeth	___	of self living in own dwelling	___
Washing hair	___	Community Orientation/mobility	___
Going to bathroom	___	Safety/Self Preservation	___
Medication Management	___		

\*\*This modification of the Activities of Daily Living Scale from The NYU Head Injury Family Interview JHTR, Kay, Cavallo, and Ezrachi (1995). Used by permission of authors.

**F. Current Living Situation and Reason for Requesting HCBS/TBI Waiver Services**

(Include why current arrangement is not meeting the individual’s needs and why the applicant requires HCBS/TBI Waiver Services to avoid RHCF (nursing home) placement.

### **III. Individual's Preference and Plans for Community Living**

#### **A. Short-term Goals:**

#### **B. Long-term Goals:**

#### **C. Proposed Living Situation:**

- General Location/Type of setting (rural,urban, etc):
  
- House or Apartment size/ description:
  
- Identify all individuals sharing this proposed household and their relationship to waiver participant:
  
- Accessibility requirements/E-mod requirements:
  
- Other Comments:

**D. Expected Daily Activities (include social, recreational, leisure, vocational, and educational activities)**

**IV. Expected Sources of Support**

**A. Natural Supports**

- Family (identify the level of support and the activities which they are providing. If applicable, please identify legal guardian, power of attorney, representative payee, and health care proxy - if the court has established legal guardian please attach copies of documents)
  
- Friends (identify the level of support and the activities which they are providing)
  
- Community

**B. Income and Resources**

<b>Income Source</b>	<b>Amount</b>	<b>Denied</b>	<b>Pending</b>	<b>Will Apply Upon Enrollment</b>
<b>SSDI</b> (after buy-in)				
<b>SSI</b> (after buy-in)				
<b>VA</b>				
<b>PA</b>				
<b>Food Stamps</b>				
<b>Other</b>				



**C. Federal or State Agency Funded Resources**

**1. Non-Medicaid Resources**

Funding Sources	Yes	No	Denied	Pending	Will Apply Upon Enrollment
HUD/Section-8					
DOH/TBI Housing Subsidy					
Telephone Lifeline Services					
HEAP					
Crime Victims Funding					
VESID					
OMRDD					
Worker's Comp.					
Other Insurance					
Other					

Medicare (check all that apply) Part A  Part B  Managed Care

Medicare # \_\_\_\_\_ Primary Medical Payor \_\_\_\_\_ Secondary Medical Payor \_\_\_\_\_

Services paid for by sources listed in Section B above (i.e. Medicare, Private Insurance, VESID, OMRDD, family member's etc)

Services	Payor	Percentage Paid

**2. Medicaid Services**

Medicaid Payor Status (check one) Primary  Secondary  Tertiary  Managed Care

**Medicaid Spend Down Amount \$ \_\_\_\_\_ per month toward \_\_\_\_\_**  
 (service/county)

**List Medicaid Services expected for next 12 months. Include information on provider and purpose.**

**Please list all Medications if any:**

Medication Name	Dosage	Purpose	Pharmacy

What is the current plan to assist the individual with medication administration?

**3. HCBS/TBI Waiver Services**

**Service Coordination:**

Cost of Initial Plan Development (1X cost) \_\_\_\_\_

Annual Cost of SC Requested \_\_\_\_\_

Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for next 6 months:

**Independent Living Skills Training and Development:**

Frequency and Duration Requested \_\_\_\_\_

Annual Cost of ILST Requested \_\_\_\_\_

Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Structured Day Program:**

Frequency and Duration Requested \_\_\_\_\_

Annual Cost of SDP Requested \_\_\_\_\_

Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Substance Abuse Program:**

Frequency and Duration Requested \_\_\_\_\_

Annual Cost of SAP Requested \_\_\_\_\_

Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Intensive Behavioral Program:**

Frequency and Duration Requested \_\_\_\_\_

Annual Cost of IBP Requested \_\_\_\_\_

Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Community Integration Counseling:**

Frequency and Duration Requested \_\_\_\_\_

Annual Cost of CIC Requested \_\_\_\_\_

Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Home and Community Support Services:**

Frequency and Duration Requested \_\_\_\_\_

Annual Cost of HCSS Requested \_\_\_\_\_

Provider Agency \_\_\_\_\_

Total HCSS hour per week \_\_\_\_\_

\_\_\_\_\_ one on one hrs/week  
\_\_\_\_\_ shared hrs/week  
(please attached schedule reflecting shared hours and staff ratios)

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Environmental Modifications:**

Provider Agency \_\_\_\_\_

Projected Cost \_\_\_\_\_

Please attach E-mod forms and a single copy of each bid (3 bids required if projected cost is over \$1,000.00).

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Special Medical Equipment and Supplies:**

Provider Agency \_\_\_\_\_

Projected Cost \_\_\_\_\_

Please attach SMES application forms and a single copy of each bid (3 bids required if projected cost over \$2,500).

Identify participant's desired outcomes for this service:

**Respite:**

Frequency and Duration Requested \_\_\_\_\_  
Annual Cost of Respite Requested \_\_\_\_\_  
Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:

**Transportation:**

Frequency and Duration Requested \_\_\_\_\_  
Annual Cost of Transportation Requested \_\_\_\_\_  
Approved Reimbursement Rate for Transportation \_\_\_\_\_  
Provider Agency \_\_\_\_\_

Identify participant's desired outcomes for this service:

Describe specific activities targeted for the next 6 months:



**MEDICAID STATE PLAN SERVICES**

<b>Type</b>	<b>Provider</b>	<b>Effective Date</b>	<b>Frequency &amp; Duration (e.g. 1 time per month)</b>	<b>Annual Amount of Units</b>

**\*\*NOTE: Total Cost should represent Projected Annual Total Cost of the Medicaid State Plan Service**

**HCBS/TBI WAIVER SERVICES**

<b>Type</b>	<b>Provider</b>	<b>Effective Date</b>	<b>Frequency &amp; Duration (2 hrs., 3X per week)</b>	<b>Annual Amount of Units</b>
<b>Service Coordination</b>				
<b>Independent Living Skills Training &amp; Development</b>				
<b>Structured Day Program</b>				

**\*\*NOTE:** Total Cost should represent Projected Annual Total Cost of the HCBS/TBI Waiver Services

**HCBS/TBI WAIVER SERVICES**

<b>Type</b>	<b>Provider</b>	<b>Effective Date</b>	<b>Frequency &amp; Duration (e.g. 2 hrs., 3X per week)</b>	<b>Annual Amount o Units</b>
<b>Substance Abuse Program</b>				
<b>Intensive Behavioral Program</b>				
<b>Community Integration Counseling</b>				

**\*\*NOTE:** Total Cost should represent Projected Annual Total Cost of the HCBS/TBI Waiver Services

**HCBS/TBI WAIVER SERVICES**

<b>Type</b>	<b>Provider</b>	<b>Effective Date</b>	<b>Frequency &amp; Duration (e.g. 2 hrs., 3X per week)</b>	<b>Annual Amount of Units</b>
<b>Therapeutic Foster Care*</b>				
<b>Transitional Living*</b>				
<b>Home and Community Support Services</b>				

\*Not available at this time

**\*\*NOTE:** Total Cost should represent Projected Annual Total Cost of the HCBS/TBI Waiver Services

**HCBS/TBI WAIVER SERVICES**

<b>Type</b>	<b>Provider</b>	<b>Effective Date</b>	<b>Frequency &amp; Duration (e.g. 2 hrs., 3X per week)</b>	<b>Annual Amount o Units</b>
<b>Environmental Modifications</b>				
<b>Respite Care</b>				
<b>Special Medical Equipment and Supplies</b>				
<b>Transportation</b>				

**\*\*NOTE:** Total Cost should represent Projected Annual Total Cost of the HCBS/TBI Waiver Services

**PROJECTED TOTAL ANNUAL COST OF MEDICAID STATE PLAN SERVICES:** \_\_\_\_\_

**PROJECTED TOTAL ANNUAL COST OF HCBS/TBI WAIVER SERVCIES:** \_\_\_\_\_

**PROJECTED TOTAL ANNUAL COST OF MEDICAID SPENDDOWN:**  
**FOR:** \_\_\_\_\_

**PROJECTED TOTAL ANNUAL COST OF ALL MEDICAID SERVICES:** \_\_\_\_\_ **DAILY RATE:** \_\_\_\_\_

**Signatures of Individuals Participating in the Development of the Service Plan**

Waiver Participant \_\_\_\_\_ Date \_\_\_\_\_

Advocate/Representative  
(when applicable) \_\_\_\_\_ Date \_\_\_\_\_

Service Coordinator \_\_\_\_\_ Date \_\_\_\_\_

Service Coordinator Supervisor \_\_\_\_\_ Date \_\_\_\_\_

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**Regional Resource Development Specialist**

has approved this Service Plan

The Service Coordinator has been presented with a list of specific areas of concern which must be addressed before this Service Plan can be approved.

Signature \_\_\_\_\_

Print Name \_\_\_\_\_

Title \_\_\_\_\_

Date \_\_\_\_\_